A Guide to Common Scalp Conditions

Capasal™ Therapeutic Shampoo

Salicylic acid 0.5% w/w, coconut oil 1.0% w/w, distilled coal tar 1.0% w/w.

Uses: As a shampoo in the treatment of dry, scaly scalp conditions such as seborrhoeic eczema, seborrhoeic dermatitis, pityriasis capitis, psoriasis and cradle cap in children. It may also be used to remove previous scalp applications.

Directions: Adults, children and the elderly: Use as a shampoo. Wet the hair thoroughly. Massage a small amount of the shampoo into the scalp, leaving on for a few minutes before washing out. Repeat, producing a rich lather. Rinse hair well and dry.

Contra-indications, warnings, side-effects etc: Please refer to SPC for full details before prescribing. Do not use if sensitive to any of the ingredients. In case of irritation, discontinue treatment. Keep away from the eyes. Keep out of the reach of children.

Package quantity, NHS price and MA number: 250ml bottle £4.69, PL 00173/0048.

Legal category: P

MA holder: Dermal Laboratories, Tatmore Place, Gosmore, Hitchin, Herts, SG4 7QR.

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‘Capasal’ is a trademark.

Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard. Adverse events should also be reported to Dermal.

www.dermal.co.uk

Produced by Dermal Laboratories, Tatmore Place, Gosmore, Herts, SG4 7QR.

www.dermal.co.uk

A small amount of Capasal Therapeutic Shampoo should be applied on fingertips to form a thin layer. Start washing technique:

1. Apply a small amount (size of a 50 pence coin) to the hand and massage into the scalp. Leave this for a few minutes to loosen scale and allow the active ingredients to have an effect. Remove the foam from the hair with the hands and then rinse.

2. Repeat the wash, this time creating a rich lather. Again, remove the lather with the hands then rinse well and dry hair. This second wash removes the loosened scale and conditions the scalp.

Cradle Cap

A small amount of Capasal Therapeutic Shampoo should be used, sufficient to produce a lather. Wash off immediately with warm water. Gently pat the scalp with a towel.

For shampooing to have their best effect use good hair washing technique.

Applying the Shampoo

For shampooing to have their best effect use good hair washing technique. coconut oil 10% to soften and moisturise the scalp.

Salicylic acid 10% to loosen and remove scale for improved appearance.

Distilled coal tar 1% anti-psoriatic and anti-itch to reduce scratching.

Capasal is a specially formulated therapeutic shampoo containing 3 active ingredients:

- Salicylic acid
- Coconut oil
- Distilled coal tar

Good Hair Washing Technique

1. Apply a small amount (size of a 50 pence coin) to the hand and massage into the scalp. Leave this for a few minutes to loosen scale and allow the active ingredients to have an effect. Remove the foam from the hair with the hands and then rinse.

2. Repeat the wash, this time creating a rich lather. Again, remove the lather with the hands then rinse well and dry hair. This second wash removes the loosened scale and conditions the scalp.

A small amount of Capasal Therapeutic Shampoo is sufficient to produce a lather. Wash off immediately with warm water. Gently pat the scalp with a towel.
## A Guide to Common Scalp Conditions

This handy reference guide describes the typical features of common scalp conditions. All of these scalp conditions can be treated with Capasal Therapeutic Shampoo.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Scale Description</th>
<th>Scalp Description</th>
<th>Other features</th>
<th>Other affected sites</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seborrhoeic Dermatitis</td>
<td>Large, yellow, greasy appearance, may form a crust. Fixed to the scalp.</td>
<td>Inflamed-red. No hair loss.</td>
<td>Slightly itchy.</td>
<td>Inflamed, red, greasy, scaly skin behind the ears, eyebrows and around the nose.</td>
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<tr>
<td>Scalp Psoriasis</td>
<td>Small, silvery. Fixed to the scalp.</td>
<td>Thick, clearly marked plaques. May extend to beyond the hairline. Hair thinning may occur.</td>
<td>Not usually itchy. May bleed slightly when scales are scratched.</td>
<td>Psoriasis can occur anywhere on the body.</td>
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<tr>
<td>Atopic Eczema</td>
<td>Generally rough and scaly.</td>
<td>Pink rash, poorly defined edge.</td>
<td>Starts after 3 months of age. Very itchy.</td>
<td>Babies – often face and then body. Older children – around flexures (inside knees, elbows, etc.)</td>
</tr>
<tr>
<td>Cradle Cap (Infantile Seborrhoeic Dermatitis)</td>
<td>Whitish-yellow, greasy scaling.</td>
<td>Inflamed-sometimes red.</td>
<td>Usually on young babies up to 3 months. Not usually itchy.</td>
<td>Eyebrows, ears, around the nose and nappy area can be affected.</td>
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</tbody>
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